

# Parent and Carer guide to starting a DofE Award

A virtual session designed to help you understand how to best support a young person through their DofE journey

## The session includes:

- What the DofE is
- How to get started
- What to expect
- What to do to achieve an award
- Where to find help
- Q&A

To attend a session please follow this link:

[Click here to join the meeting](#)

Session last between 30mins – 60mins depending on Q&A



## Dates and times:

Wednesday 17<sup>th</sup> January  
5.30pm

Tuesday 30<sup>th</sup> January  
6pm

Thursday 15<sup>th</sup> February  
5pm

Wednesday 28<sup>th</sup> February  
5:30pm

Monday 11<sup>th</sup> March  
4:30pm

**No need to book!**