

SOME OF THE CONFIDENTIAL SUPPORT SERVICES AVAILABLE TO YOUNG PEOPLE

CHANGE4ME@SALESIAN.SURREY.SCH.UK

CONFIDENTIAL EMAIL SUPPORT

KOOTH.COM

ONLINE SUPPORT AVAILABLE
UNTIL 10PM

BEAT

PHONE: 0808 801 0711 (EVERY DAY)
BEATEATINGDISORDERS.CO.UK

FRANK

PHONE: 0300 123 6600 TEXT: 82111
TALKTOFRANK.COM
CONFIDENTIAL WEBCHAT, HELPLINE,
ADVICE AND INFORMATION ON DRUGS AND
SUBSTANCE MISUSE

CHAT HEALTH

TEXT 07507 329951
INFORMATION AND SUPPORT VIA TEXT



YOUNG STONEWALL

PHONE: 0800 050 2020
YOUNGSTONEWALL.ORG.UK
INFORMATION AND SUPPORT
FOR ALL YOUNG LESBIAN,
GAY, BI AND TRANS PEOPLE

HOPE AGAIN

PHONE: 0808 808 1677
HOPEAGAIN@CRUSE.ORG.UK
HOPEAGAIN.ORG.UK
SUPPORT FOR YOUNG PEOPLE
WHEN SOMEONE DIES

SAMARITANS

PHONE: 116 123
SAMARITANS.ORG.UK

CHILDLINE

PHONE: 0800 1111
CHILDLINE.ORG.UK
FREE 1-TO-1 CHAT SUPPORT
AND 24-HOUR HELPLINE FOR
CHILDREN AND YOUNG PEOPLE IN THE UK

FEARLESS.ORG

CONFIDENTIAL CRIME REPORTING
SERVICE. NO PERSONAL DETAILS
NEED TO BE SHARED.